

Suggested Packing List

# COVID-19 Health & Safety:

* Personal Protective Equipment (PPE: masks, face shields, hand sanitizer, etc.)
* QR vaccination code and identification (i.e. Government issued ID)

# Clothing:

* T-shirts
* Long sleeve shirts
* Shorts
* Pants
* Sweater
* Sweatpants
* Rain Jacket
* Hat
* Closed-toe shoes
* Sandals or flip flops
* Bathing suit
* Socks and underwear
* Pajamas

A person sitting on a wooden floor with both of her hands on garments of clothing. Shorts, swimwear, towel, sunglasses and packing bag are laid out in front of person. 

Description generated with very high confidence

# Toiletries:

* Tooth paste & toothbrush
* Female hygiene products
* Hairbrush
* Shampoo & conditioner
* Soap or body wash

# Camp-related goodies:

* Towels (beach towel and shower towel)
* Swimming goggles
* Sunscreen and bug spray
* Flashlight

# Optional:

* Personal down time activities (books, cards, colouring books)
* Tuck money (souvenirs, snacks, t-shirts, sweatshirts etc.)
* Cooler (we have free ice available on site for you)

# Things to leave at home:

* Weapons
* Nut Products
* Bedding (will be provided by CNIB Lake Joe)
* Ice (will be provided by CNIB Lake Joe)

# Important Notes:

* There will be no access to do your own laundry so please bring enough clothes to last the entire duration of your stay.
* There will not be any town runs by CNIB Lake Joe staff (for shopping trips), so please bring everything you may need, including plenty of masks.