

Suggested Packing List

# COVID-19 Health & Safety:

* Personal Protective Equipment (PPE: masks, face shields, hand sanitizer, etc.)
* QR vaccination code and identification (i.e. Government issued ID)

# Clothing:

* T-shirts
* Long sleeve shirts
* Shorts
* Pants
* Sweater
* Sweatpants
* Rain Jacket
* Hat
* Closed-toe shoes
* Sandals or flip flops
* Bathing suit
* Socks and underwear
* Pajamas



# Toiletries:

* Tooth paste & toothbrush
* Female hygiene products
* Hairbrush
* Shampoo & conditioner
* Soap or body wash

# Camp-related goodies:

* Towels (beach towel and shower towel)
* Swimming goggles
* Sunscreen and bug spray
* Flashlight

# Optional:

* Personal down time activities (books, cards, colouring books)
* Tuck money (souvenirs, snacks, t-shirts, sweatshirts etc.)
* Cooler (we have free ice available on site for you)

# Things to leave at home:

* Weapons
* Nut Products
* Bedding (will be provided by CNIB Lake Joe)
* Ice (will be provided by CNIB Lake Joe)

# Important Notes:

* There will be no access to do your own laundry so please bring enough clothes to last the entire duration of your stay.
* There will not be any town runs by CNIB Lake Joe staff (for shopping trips), so please bring everything you may need, including plenty of masks.